

# VOLLEYBALL

New to our junior program is **Beach Volleyball/Newcombe** which is played indoor on real beach sand. This Olympic sport is great fun for children of all ages where they will be taught how to set, dig, serve and spike. Lower nets, softer balls and adapting some rule changers helps beginners with their development. We are looking at running programs for primary school age children as well as 13 year olds plus. Once the older players get confident enough they will be able to join in with our social beach volleyball competitions which are played weekly. The competitions are available week nights for any mums & dads interested in having some fun in the sand.

**ask about our school holiday clinics**

## KIDS CLUB

**Kids Club** is a unique opportunity for children to participate in a number of different sports activity. This hour long session, once a week, will touch on some basic skills and rules followed by a short game from what they have learnt earlier. This is a fun and perfect way for pre school and primary school children to experience and perhaps find a sport they fall in love with. Our 4 main sports, soccer, cricket, netball & beach volleyball will be played along with dodgeball, basketball, touch rugby, European handball, Ultimate Frisbee & Touch AFL.

**ask about our school holiday clinics**

## DISCOVER



**Northcote Indoor Sports**

P: 9480 4562

E: [arena@northcoteindoorsports.com.au](mailto:arena@northcoteindoorsports.com.au)

338 Mansfield St, Thornbury VIC 3071



[www.northcoteindoorsports.com.au](http://www.northcoteindoorsports.com.au)

## DISCOVER



# JUNIOR SPORTS

**INDOOR FUN  
FOR EVERYONE  
RAIN, HAIL OR SHINE**

**PUMPED UP**



**GROUP FITNESS**



**PARTIES**

**CRICKET**

**SOCCER**

**NETBALL**

**VOLLEYBALL**

**KIDS CLUB**

[www.northcoteindoorsports.com.au](http://www.northcoteindoorsports.com.au)

# PUMPED UP



Our **Pumped Up** fun park is open weekends & school holidays all year round. It features a number of different inflatables & mechanical rides which include a giant slide, bungee run, sticky wall, gladiator pit, boxing ring, wrecking ball, Sponge Bob castle combo, slam dunk and Tweetie castles, mechanical bull & surf board, dodgem cars and more. All items are adult friendly, so why let the kids have all the fun.

Walk-ins are welcome, but to avoid disappointment, bookings are recommended and can be made over the phone on **9480 0147** or via the website at [www.pumpedupinflatables.com.au](http://www.pumpedupinflatables.com.au)

[ask about our school holiday clinics](#)

# PARTIES

**Childrens Parties** are our specialty at Northcote, with 2 hours of action packed fun for all ages. Pick from a range of party games for the littlies, to hard court & beach sports on the sand, while you can also add some extreme sports such as Bubble Soccer and spend time in our Pumped Up inflatable fun park. Choose from our self, semi or fully catered for options with all parties being structured and come with an experienced party host. We have 4 party areas and last minute bookings can usually be added.

Please call us on **9480 4562** or bookings can be made on or website at [www.northcoteindoorsports.com.au](http://www.northcoteindoorsports.com.au) Our fully licenced bar, venue plus activities, can be hired for any type of occasion or private function.

[ask about our school holiday clinics](#)

# SOCCER



**Junior Indoor Soccer** or **Futsal** is run all year round with social competitions for under 8's, 10's, 12's & 14's. It is a great way for kids to keep fit while having fun in a safe and weather friendly environment. For 15 years plus players and any mums and dads out there, you can play in our social Men's & Mixed leagues which are played weeknights & weekends. You can enter as a team or as an individual player and everyone gets a game. Please call us at Northcote on **9480 4562** and we can book your child in for a game immediately.

For those that are keen, coaching at Northcote is also available through Soccer Masters Academy, who have qualified coaches and are FFA & UEFA accredited. To book a session you can call Jim on **0410 933 171** or visit their website [www.soccermasters.com.au](http://www.soccermasters.com.au)

[ask about our school holiday clinics](#)

# CRICKET



We run **Junior Indoor Cricket** programs and competitions during term 2 & 3, for beginners as well as advanced young players. 5 to 8 year olds are geared around structured sessions and learning basic skills. A more advanced program is put in place for 8 to 12 year olds which is directed towards game and match development. For children 13 to 15 years of age we provide them with competition matches.

Parents can join in with the kids if they would like to be hands on or can put their names down to play in our Men's & Ladies social competitions available for players of all skill levels. New players and teams can join at anytime by simply calling **9480 4562** or visiting [www.northcoteindoorsports.com.au](http://www.northcoteindoorsports.com.au)

[ask about our school holiday clinics](#)

# GROUP FITNESS



**The HIIT Factory** stands for High Intensity Interval Training with morning & evening group sessions run Monday's through to Saturday's. HIIT caters for all fitness levels with dietary & nutrition help available. Spacious training area that is children friendly and includes a jumping castle during morning sessions.

Give Tori a call on **0418 176 486**, visit her Facebook page at **The HIIT Factory Northcote**, or website at [www.thehiitfactory.com.au/northcote](http://www.thehiitfactory.com.au/northcote)



# NETBALL



**Junior Netball** is back at Northcote with programs aimed at 5 to 12 year olds. The sessions will be structured around basic skill work and match preparation. The emphasis will be on fun and fitness, with modified drills and games based around getting everyone active. For the older children and adults, ask about our social night time competitions as well as our soon to start day time league. For further information please call the centre on **9480 4562**.

[ask about our school holiday clinics](#)